

ASK THE EXPERT:

Abdomen Treatment with *ZShape*



Our Expert Dr. Margulies, Centre MIAA Paris

How does Dr. Margulies decide whether to treat the abdomen including the hips or without the hips?

It all depends on the patient's morphology and the distribution of the fatty tissue.

Some patients have a „fatty ridge associated with sagging skin rather localized sub umbilical (young women having had several pregnancies +/- cesarean section).

In this case we will only treat the stomach without the hips.

Others, on the contrary, have a fatty area which extends to the hips....

Pricing for the Abdomen treatment

In our practice we distinguish 2 zones in this case: the stomach and the hips (right and left) and adapt the prices (2 zones will cost more than one) which is normal with regard to the treatment time in particular.

What do you think is the percentage distribution of patients treated for hips and abdomen?

I would say 50%.

Cryolipolysis is more often used when treating the stomach more specifically. Cryo works well on the stomach area and combines very well with radiofrequency and ZStim. The complementarity of different technologies is the best way to achieve good results.

If you are treating the abdomen, do you divide the area into different sections?

If we treat the entire abdomen including the hips; we can divide into 3 zones. Around the umbilicus, 1 upper and 1 lower zone: 10 minutes per zone or 20 minutes in total once the efficiency temperature is reached (green light).

For the hips: 10 minutes also per side once the effective temperature is reached (green light).

Total time abdomen and hips together (with both hips): 40 Minutes

Are there any other points to consider based on your experience?

Focused on the target area change the suction mode every 2 minutes on each area.

Choose the best wavelength based on the target tissue (I recommend 1 MHz for a lipolytic (deeper) effect often sought for the stomach / or rather 4 MHz if the skin is sagging)